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Chicago Institute for Psychoanalysis Offers Post-Graduate Clinicians Unique Training Program and Opportunity to Help Underprivileged Children in the Community

(CHICAGO) – There are many underprivileged children in the city of Chicago in dire need of diagnostic expertise and intensive therapy. The [Chicago Institute for Psychoanalysis](#) has a longstanding mission to provide innovative therapeutic services to underserved populations in Chicago communities. The Institute espouses the philosophy that no one is turned away due to financial circumstances, and this is embodied through a variety of pro bono and sliding scale psychotherapy programs in the community. An ongoing and very successful pro bono program of the Institute provides therapy to school children in Engelwood, an urban war zone scarred by drugs, gangs, and the highest murder rates in Chicago. Since the program's inception in 2007-2008, approximately 750 school children have received therapeutic services at four elementary schools.

The [Child and Adolescent Psychoanalytic Psychotherapy Training Program \(CAPPT\)](#) at the Institute embraces the same philosophy that treatment can take place in unique settings outside the clinic, and as such, students are given the opportunity to treat children in various environments conducive to developing innovative psychotherapy approaches. "CAPPT students receive psychodynamic training, enabling them to go out into communities and provide crucial services to the most vulnerable children," CAPPT Director Edward P. Kaufman, MSW, LCSW, BCD, said.

Established in 1962, CAPPT is a multidisciplinary program recognized in Chicago and throughout the United States as a leading educational and training program model in the field of child and adolescent psychotherapy. Now in its 51st year, CAPPT was the first four-year postgraduate program offering psychodynamic intensive clinical training in child and adolescent psychotherapy. The program has a rich and long history of providing community education through a variety of mental health conferences, workshops, extension classes and teacher education seminars. CAPPT graduates are esteemed psychotherapists, supervisors, consultants, teachers, and administrators, with a number of graduates serving as faculty for CAPPT and other Institute programs. The program is open to mental health professionals in the areas of social work, psychology, child psychiatry, counseling, psychiatric nursing and education, as well as other professionals who work with children.

In addition to its four-year training program, CAPPT launched a new program last year, *An Introduction to Psychodynamic Child Psychotherapy*, offering a three-quarter-one year academic term with 30 classes on Tuesday evenings and nine monthly clinical seminars. This curriculum is an option for recent mental health professional graduates who seek training in child psychotherapy.

Since the program's inception, CAPPT students have provided mental health services to more than 4,000 children, adolescents, and their families. To fulfill clinical requirements for diagnostic evaluations and psychotherapy, CAPPT students, in addition to private practice and/or agency practices, can elect to provide services to clients at the Beacon Therapeutic School, Casa Central, the Chicago Chapter of A Home Within, and the Institute's Barr-Harris Children's Grief Center. The newest addition to the program is a collaborative project with the Barr-Harris Children's Grief Center and the Institute's Adult Psychotherapy Clinic. With these partners, CAPPT interfaces with the Family Court of Chicago to provide custody evaluations to families in Chicago who have limited financial resources.

Established by the Institute in 1976, the Barr-Harris Children's Grief Center is under the direction of Judy Schiffman, LCSW. The Center works with children and their families who have lost a parent or significant loved one through death, divorce, abandonment or other types of separations. The Center's

mission is to provide therapeutic services to bereaved children and their families; to make intervention more accessible to underserved communities by establishment of six sites around the city; to heighten awareness of the potentially harmful short- and long-term effects of loss; and to provide training and consultation for teachers, clergy, mental health workers, and other involved community members. No one is ever turned away for financial reasons.

Under the direction of Erika Schmidt, LCSW, the Institute's Center for Child and Adolescent Psychotherapy offers a range of services to help children, adolescents and their families when emotional problems hinder growth and development. The Center is committed to an approach to therapy that deals with underlying causes of problems and that assists children and adolescents to create a strong psychological foundation for ongoing development.

In addition to training by a stellar faculty and the opportunity to help children and adolescents in an array of settings, students enrolled in CAPPT programs are afforded access to the Institute's private and highly acclaimed McLean Library, which boasts one of the largest collections of psychoanalytic literature in the world. Housed at the Institute since 1932, the library has grown to over 10,000 volumes and 35 current journal subscriptions.

A new academic term for CAPPT programs begins in late September. Enrollment has officially started, with the deadline for applications the first week of September. For more information on the curriculum, enrollment requirements, and tuition costs, visit the following links:

<http://beta.chicagoanalysis.org/content/child-and-adolescent-psychoanalytic-psychotherapy-training-program>, <http://beta.chicagoanalysis.org/content/introduction-psychodynamic-child-psychotherapy>, contact Mr. Kaufman at 847-432-7440 or email: e-p-k@comcast.net.

The Chicago Institute for Psychoanalysis is a not-for-profit organization founded in 1932. Its mission is to provide professional training in the theory and practice of psychoanalysis and psychotherapy and to enhance psychodynamic study through research and scholarship. The Institute seeks to apply these principles to therapeutic services for the public, offering treatment for children, adolescents and adults at reduced fees, to the benefit of underserved communities.

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